

COMMUNITY OF JESUS CRUCIFIED

House Schedule

(rev. September 2014)

5:30 AM	Bell for Rising
5:40 AM	Confessions
5:55 AM	Warning Bell for Mass
6:00 AM	Holy Mass
6:55 AM	Warning Bell for Morning Prayer
7:00 AM	Lauds
	Angelus
7:15 AM	Meditation
7:40 AM	Office of Readings
8:00 AM	Grand Silence Ends
	Breakfast (<i>ad libitum</i>)
9:00 AM	Work Begins (classes/manual work/apostolate)
11:00 AM	Work Ends
11:40 AM	Warning Bell for Midday Prayer
11:45 AM	Midday Prayer
12 Noon	Angelus
	Lunch (<i>ad libitum</i>)
2:00 PM	Study Hall
3:00 PM	Work Begins (classes/manual labor/apostolate)
5:30 PM	Work Ends
6:10 PM	Warning Bell for Vespers
6:15 PM	Vespers
	Supper (in common)
7:15 - 8:00 PM	Recreation
8:55 PM	Warning Bell for Compline
9:00 PM	Exposition of Blessed Sacrament
	Compline
10:00 PM	Benediction
	Grand Silence Commences
12:00 AM	Lights Out

Saturdays - Same as above except the following revisions:

6:30 AM	Bell for Rising
12:00 PM	Holy Mass

Sundays - Same as above except no manual labor and the following revisions:

6:30 AM	Bell for Rising
10:25 AM	Warning Bell for Holy Mass
10:30 AM	Holy Mass
3:00 - 5:00 PM (once per month)	Visitation

Schedule is subject to change as per the scheduled apostolic or Community events.

Conferences and other activities may be scheduled by the Superior. Residents have assigned Holy Hours in Adoration Chapel. Scheduled conferences on the basic understanding of the spiritual life and the religious life are given to the men in formation. All residents are required to attend the Superior's Conferences and Days of Recollection as scheduled by the house Superior.

Community of Jesus Crucified

Instructions for Chanting the Liturgy of the Hours

Rev. 6/13/2013

General Rules

The leader, or cantor, is the superior unless he is absent, in which case the hebdomadarian leads.

The hymns will be sung as *cantor vs. choir* – cantor alone sings the first verse and then the rest of the choir comes in at the second verse, and then alternating back and forth between the cantor and the choir for the rest of the verses. If there are an odd number of verses, then the choir will sing the last verse with the cantor.

The antiphons are intoned by the cantor and the rest of the choir will come in shortly thereafter.

Both sides of the choir will alternate chanting each strophe of the psalms, no matter how long or short each strophe may be.

Every psalm ends with “Glory to the Father...” which is always intoned by the cantor and finished by the rest of the choir with “as it was in the beginning, is now, and will be forever. Amen.”

The Canticle of Zechariah at Morning Prayer, Canticle of Mary at Evening Prayer, and Canticle of Simeon at Night Prayer will be chanted as *cantor vs. choir*. The same rule for the “Glory to the Father...” at the end of each psalm holds for these canticles as well.

Guests who wish to chant with CJC are to listen attentively to the leader of their side of the choir and chant at the same pace and at a lower volume than the leader. The Divine Office as a rule is sung in the key of “G”.