



## **Horarium**

*(Rev. 9-27-20)*

### **Weekday Schedule**

|             |                                            |
|-------------|--------------------------------------------|
| 4:45 AM     | Bell for Rising                            |
| 5:15 AM     | Simple Exposition of the Blessed Sacrament |
| 6:15 AM     | Office of Readings and Angelus             |
| 6:35 AM     | Simple Reposition of the Blessed Sacrament |
|             | Free time                                  |
| 7:00 AM     | Holy Mass                                  |
| 7:45 AM     | Lauds                                      |
| 8:05 AM     | Grand Silence Ends, Morning Meeting        |
| 8:15 AM     | Breakfast                                  |
| 9:00 AM     | Work/apostolate/class/study                |
| 11:00 AM    | Free time                                  |
| 11:45 AM    | Midday Prayer                              |
| 12:00 PM    | Lunch (ad libitum)                         |
|             | Free time                                  |
| 1:30 – 2:30 | Study Hall                                 |
| 2:30 PM     | Work/apostolate/class/study                |
| 4:30 PM     | Free time                                  |
| 5:15 PM     | Solemn Exposition of the Blessed Sacrament |
|             | Rosary                                     |
| 6:15 PM     | Vespers                                    |
| 6:35 PM     | Benediction                                |
| 6:45 PM     | Dinner                                     |
|             | Recreation                                 |
| 8:00 PM     | Free time                                  |
| 8:30 PM     | Compline                                   |
|             | Nightly Blessing, Grand Silence            |

**Saturdays - Same as above except the following revisions:**

6:00 AM Bell for Rising

6:30 AM Simple Exposition

6:40 AM Matins

7:40 AM Lauds, followed by Reposition

8:00 AM Grand Silence Ends, Morning Meeting

11:45 AM Midday Prayer

12:00 PM Holy Mass

**Sundays - Same as Saturday except no manual labor and the following revisions:**

10:25 AM Warning Bell for Holy Mass

10:30 AM Holy Mass

3:00 - 5:00 PM (once per month) Visitation (except for novices during canonical year)

6:45 PM Dinner and Recreation in common except in Advent and Lent

